



# Cleveland Wheelers Cycling Club



proudly presents

## “Seamer SPOCO”

17.5 Mile Time Trial (T091x2)

Sunday 11<sup>th</sup> July 2021

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



### *Event Secretary*

Tom Levell

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### *Timekeepers*

Bill Millen

Shaun Joughin

### *Arriving at the Event*

#### **Parking**

Parking is available in Stokesley town centre and is approximately 1mile from the start/HQ.

#### **Event HQ**

The event HQ will be on the side of the road at the “Gravel Pits” at the start/finish using a Red Mercedes van. This is where sign on and number collection and return will be stationed.

Please maintain social distancing in the car park area and wear a face covering when around the Event HQ and the Toilets.

#### **Toilets**

There are public toilets facilities available in Stokesley Town Centre (marked on map below).



No vehicles, except those of the timekeeper(s) and other event officials, shall be parked on the side of the road in the vicinity of the start and finish points and these are to be positioned off the public footpath.

**Warming Up** - No U-turns within sight of the start line. The roads around Stokesley and Seamer provide plenty of opportunities for warming up. Please do not use turbo trainers within 100m of inhabited properties.

**Race Numbers and signing on sheet** will be at the event HQ. When signing on, if applicable, please tick the required column to indicate that you are to compete on a road bike. Please pin numbers on as low as possible to assist timekeepers and number catchers in identifying you. If you could shout your number as you pass the finish line on both laps it would be much appreciated.

## *Course details*

### **Start –**

The start of the course is on the opposite side of the road at the end of the “Gravel Pits”. The first rider starts at 9:01 am

Please don't join the queue at the start for any longer than 6 minutes before your start time and respect social distancing. The start marshal will be able to give you information as to current line-up and how long you have to go before your start.

There will be no pusher-off so all riders must start with one foot on the ground. Track stands and rolling starts are not permitted.

If you are riding in the road bike category the start marshal will check your machine.

You must have a working rear light to start in the event. Please don't forget this!

**T256** - START on Stokesley - Seamer road adjacent to the 'gravel pit area' approx. 1 mile South of Seamer.

Proceed North through Seamer towards Hilton. Take 2<sup>nd</sup> Left after Seamer just before Hilton take care on corner as road surface is poor. Proceed along road towards Hutton Rudby. Turn Left at junction and take care as potentially slippery drain cover on exit of corner. continue up Skutterskelfe bank towards Stokesley. At Tame Bridge farm turn Left take care on corner as road surface is poor. Proceed past finish to Start point (8.8 miles) Continue for a further Lap.

At the end of the second lap, FINISH approx. 100yards before Start. (17.5 miles).

Strava segment

Single lap <https://www.strava.com/segments/24283516>

Double Lap <https://www.strava.com/segments/24283581>

## ***What happens when the race is finished?***

**Return your number** - Please return your race number to the box at the event HQ.

**Results and Prize Presentation** – Due to COVID restrictions there will not be a prize presentation following the event but results will be made available via email to participants.

Unfortunately this year we will not be offering any refreshments at this event.

If there are any queries with times etc please let us know before end of day Tuesday 13<sup>th</sup> July when full results will be posted on the CTT website.

Prizes will be posted to participants or if nominated (please let the organiser know) prizes can be donated to the nominated local charity which the Cleveland Wheelers support. Recent ones include Great North Air Ambulance, Stockton MIND, Bowel Cancer UK.

## ***Attention!!***

**Parked Cars** - Please take care when passing stationary / parked cars in the village of Seamer as this section is downhill with cars generally parked on the RHS of the road restricting the road width.

**Speed Limits** - In Seamer and Hutton Rudby which you pass through there are speed limits. Please adhere to these limits.

**Road Surface** - It is generally in good condition but please take care on the 3 left hand junctions as the road surface is poor on the first and third and there is a potentially slippery manhole on the second at Hutton Rudby.

**Tight turns** – After the first LH junction after the main downhill section past the wind turbines there are a series tight turns. Please be aware of your speed on the approach and do not take any risks here to save a couple of seconds.

**Helmets** - In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In Accordance with Regulation 15 ALL Junior and Juvenile competitors must wear Protective Hard Shell Helmets

**Rear Lighting** - A working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

**Social Distancing** - You must follow government social distancing rules at all times. Please do not congregate in large groups before or after the event (or groups of any size during the race!)

## ***Course Records Overall***

### **Solo Male**

38:26

Chris Smart

15-Apr-18 | Cleveland Wheelers CC (Sporting Course)

### **Solo Female**

48:12

Lauren Watson

03-Sept-20 | Cleveland Wheelers CC Evening Series (Sporting Course)

### **Solo Male (Junior)**

00:41:06

Euan Sanderson

17-Jun-21 | Cleveland Wheelers CC Evening Series (Sporting Course)

## Prizes

- Overall Fastest Rider** awards will be given to riders who clock the fastest overall times for the full course. In the unlikely event that a Road Bike rider is first overall, or 2<sup>nd</sup>/3<sup>rd</sup>, they will not be able to claim the Road Bike prizes and these will be pushed down to the next rider. Overall top 3 riders will be able to claim age group prizes. Age group prizes are for overall fastest time only.

<b>Overall</b>	<b>Male</b>	<b>Female</b>
1 <sup>st</sup>	£30	£30
2 <sup>nd</sup>	£20	£20
3 <sup>rd</sup>	£10	£10
<b>Road Bike</b>	<b>Male</b>	<b>Female</b>
1 <sup>st</sup>	£30	£30
2 <sup>nd</sup>	£20	£20
3 <sup>rd</sup>	£10	£10
<b>Other</b>		
Tandem	£15	
<b>Age Group</b>	<b>Male</b>	<b>Female</b>
Junior	£15	£15
Veteran 40-49	£15	£15
Veteran 50-59	£15	£15
Veteran 60+	£15	£15

- Fastest single Lap.** To be eligible to qualify for the fastest lap time prizes riders must complete the full course. The first lap is slightly shorter but either lap will count.

<b>Fastest Lap</b>	<b>Male</b>	<b>Female</b>
1 <sup>st</sup>	£10	£10
2 <sup>nd</sup>	£5	£5

- Course Record.** Break current course record. Only the fastest Senior and Junior times of the day will be eligible.

<b>Course Record</b>	<b>Male</b>	<b>Female</b>
	£10	£10

## ***Road Bike Definition***

### The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuits is permitted
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

### The Machine:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be present.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

## Riders and Start Times

Num	Start Time	Name	Club	Gender	Category
1	09:01:00	Nadeem Mughal	Stockton Wheelers CC	Male	Tan
1	09:01:00	Stephen Newton	Stockton Wheelers CC	Male	Veteran
2	09:02:00	Sandra Main	Cleveland Wheelers CC	Female	Veteran
3	09:03:00	John Kettle	Cleveland Wheelers CC	Male	Veteran
4	09:04:00	Paige McLeod	Cleveland Wheelers CC	Female	Espoir
5	09:05:00	Scott Wilson	Manilla Cycling	Male	Senior
6	09:06:00	James Murray	Team HUUB	Male	Senior
7	09:07:00	Mike Cole	Cleveland Wheelers CC	Male	Veteran
8	09:08:00	Tony Main	Cleveland Wheelers CC	Male	Veteran
9	09:09:00	Mark Mather	The Bike Rack CC	Male	Veteran
10	09:10:00	Paul Dawson	VTTA (North)	Male	Veteran
11	09:11:00	Keith Alderson	Cleveland Wheelers CC	Male	Veteran
12	09:12:00	Paul Sander	Stockton Wheelers CC	Male	Veteran
13	09:13:00	Chris Lawrence	Cleveland Wheelers CC	Male	Senior
14	09:14:00	Danny Short	Vector Racing	Male	Senior
15	09:15:00	Ian Hutchinson	Cleveland Wheelers CC	Male	Veteran
16	09:16:00	Ray Hall	Adept Cycling	Male	Veteran
17	09:17:00	John Main	Cleveland Wheelers CC	Male	Veteran
18	09:18:00	David Hird	Hambleton RC	Male	Veteran
19	09:19:00	Chris Wood	TS Racing - OTR	Male	Veteran
20	09:20:00	Jost Mullenheim	Cleveland Wheelers CC	Male	Veteran
21	09:21:00	Hilton Armstrong	Fietsen Tempo	Male	Veteran
22	09:22:00	Daniel Smith	TS Racing - OTR	Male	Veteran
23	09:23:00	Andrew Locker	Stockton Wheelers CC	Male	Veteran
24	09:24:00	Paul Hickman	Malton Whs	Male	Veteran
25	09:25:00	Shaun Wakes	Ferryhill Whs	Male	Veteran
26	09:26:00	Sarah Minto	North Tyneside Riders CC	Female	Senior
27	09:27:00	Kate Sanderson	Cleveland Wheelers CC	Female	Veteran
28	09:28:00	Caroline Ratcliff	Ferryhill Whs	Female	Veteran
29	09:29:00	Annabel Sill	Cleveland Wheelers CC	Female	Senior
30	09:30:00	Louise Hamilton	The Bike Rack CC	Female	Veteran
31	09:31:00	Paul Tyler	Ferryhill Whs	Male	Veteran
32	09:32:00	Keith Holden	Cleveland Wheelers CC	Male	Veteran
33	09:33:00	Steve Gibson	Peak Road Club	Male	Veteran
34	09:34:00	Steven Tilly	Cleveland Wheelers CC	Male	Veteran
35	09:35:00	Adam Pinder	PM Racing UK	Male	Espoir
36	09:36:00	Adam Brooks	Manilla Cycling	Male	Senior
37	09:37:00	James Meadows	Cleveland Wheelers CC	Male	Senior
38	09:38:00	Mark Campbell	Fietsen Tempo	Male	Veteran
39	09:39:00	David Robinson	Tyneside Vagabonds CC	Male	Veteran
40	09:40:00	Paul Felce	Velo Culture	Male	Veteran
41	09:41:00	Ryan Hall	Adept Cycling	Male	Senior
42	09:42:00	Leo Scrimshaw	Whitby Whs	Male	Junior
43	09:43:00	Ben Watson	Para-T	Male	C3

44	09:44:00	Jake	Stephenson	Richmond CC	Male	Espoir
45	09:45:00	Stephen	Adamson	Cleveland Wheelers CC	Male	Veteran
46	09:46:00	Paul	Thirling	Hartlepool CC	Male	Veteran
47	09:47:00	Richard	Lilleker	Cleveland Wheelers CC	Male	Senior
48	09:48:00	Toby	Tanfield	Cleveland Wheelers CC	Male	Espoir
49	09:49:00	Shaun	Tyson	Protech Velo	Male	Veteran
50	09:50:00	Mark	Wolstenholme	Swift Racing	Male	Veteran
51	09:51:00	Harry	Tanfield	Team Qhubeka Assos	Male	Senior
53	09:53:00	Rob	Carter	Cleveland Wheelers CC	Male	Veteran